



## Paisley Duo Hearts Bracelet

by

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Paisley Duos pair up like little hearts and link into a bracelet with the Liotrivi CYMBAL™ connector. So many color variations!

**TECHNIQUE:** Crisscross stitching with long threads, ending and adding thread

**SKILL:** Advanced beginner and up

**MATERIALS for 6.5 to 7.5 inch bracelet**

28-34 Paisley Duos (PD) 14-16 of each color  
for two colors

1 Liotrivi Cymbal connector

1.5g size 15° seed beads

2 closed jump rings

Clasp and jump rings to attach

Fireline or Wildfire 6lb

#12 beading needles

Scissors or thread Zap

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**TIPS:**

- Keep the design side of the connector face up.
- In this design the Paisley Duo concave sides always face each other to form the “hearts.”
- Be careful not to split existing thread when you crisscross through stitched holes.
- Check all holes in multi-holed beads to make sure they’re clear before use.

**FIGURE 1**

**Step 1.** String a needle on each end of a 1.25 yard piece of thread.

**Step 2.** On one needle string a PD wide convex, the Liotrivi connector through the bottom tip, and a PD wide concave to the middle of the thread.

**FIGURE 2**

**Step 3.** On one thread string six 15°s and sew through the bottom mid hole of the connector. On the other thread string six 15°s and crisscross through the bottom mid hole of the connector and through the first 15°s strung. With the first thread sew through the second set of six 15°s just strung.

**FIGURE 3**

**Step 4.** On one thread string six 15°s and sew into the PD convex tip. String one 15°, sew out through the other PD concave tip.

**Step 5.** On the other thread string six 15°s and sew through the PD convex tip. Crisscross through the center 15°, sew out through the PD concave tip and out through the last of the six 15°s.

**Step 6.** With the other thread sew out through the last of the six 15°s.

**FIGURE 4**

**Step 7.** On one thread string five 15°s, a PD wide convex end, one 15°, and a PD wide concave end.

**Step 8.** On the other thread string five 15°s. Crisscross through the PD wide convex end, the 15° and the other PD through its wide concave end. Sew out through the last of the five 15°s.

**Step 9.** With the other thread sew out through the last of the five 15°s.

**FIGURE 5**

**Step 10.** On one thread string five 15°s and sew into the PD convex tip. String one 15°, sew out through the other PD concave tip.

**Step 11.** On the other thread string five 15°s and sew through the PD convex tip. Crisscross through the center 15°, sew out through the PD concave tip and out through the last of the five 15°s.

**Step 12.** With the other thread sew out through the last of the five 15°s.

**Step 13.** Repeat Steps 7-12 for half of your total desired length minus the clasp allowance.

**FIGURE 6**

**Step 14.** After adding the last pair of PDs, on one thread string five 15°s and a closed jump ring. Sew back through all the 15°s just strung.

**Step 15.** On the other thread string four 15°s. Sew through the last 15° from Step 13 and the closed ring. Sew back through the last 15° and the four just added. Gently pull each thread to snug up the end section.

**FIGURE 7**

**Step 16.** Sew one thread all the way back through every 15°. When you reach the connector sew through to the other side. Set this thread down and repeat with the other thread, crisscrossing through the connector.

**NOTE:** Sew both threads through before securing each one.

**FIGURE 8**

**Step 17.** Secure thread by sewing back through existing thread paths on the side of the bracelet exited with this thread. Sew back as far as you feel will help smooth the outline of 15°s. Trim. Repeat to secure the first thread on the other side of the bracelet and trim.

**Step 18.** Use jump rings to add one half of your clasp.

**Step 19.** Repeat all steps for the other side of the bracelet.

Illustrations are shown shorter than actual length.

FIGURE 1

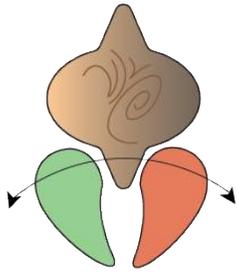


FIGURE 2

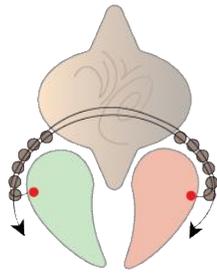


FIGURE 3

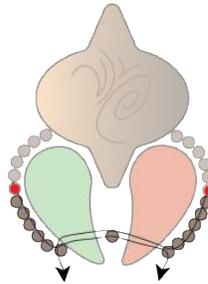


FIGURE 4

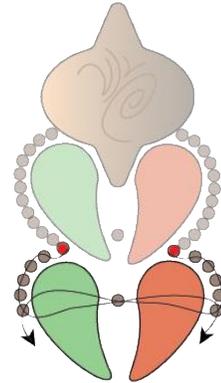


FIGURE 5

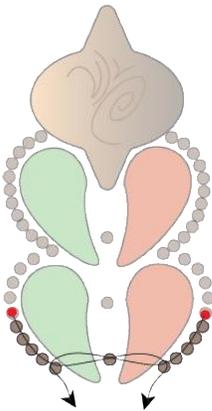
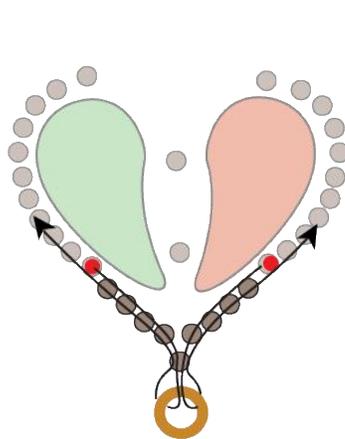


FIGURE 6



Enlarged to show detail

FIGURE 7

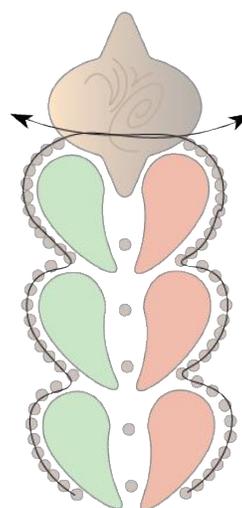
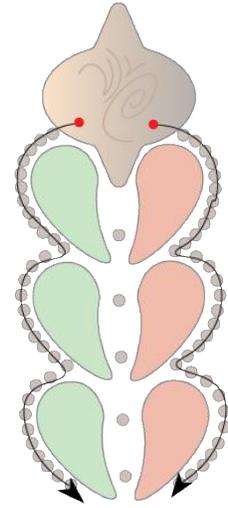


FIGURE 8



**Leslie Rogalski** (also known as Sleepless Beader) is the creative director for The Beadsmith and a Beadsmith Inspiration Squad designer. She has been an editor for leading bead magazines, a Swarovski ambassador, and a designer for several bead companies. Widely recognized for videos and TV appearances in the US and UK, Leslie is also a Master Artisan of her local chapter of the Pennsylvania Guild of Craftsmen. To see more of her work and her tutorials visit her website [leslierogalskibeadworks.com](http://leslierogalskibeadworks.com), explore the free downloadable patterns at [beadsmith.com/ilovebeads](http://beadsmith.com/ilovebeads), and find her online class Essential Seed Bead Techniques on [blueprint.com](http://blueprint.com).

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