



ALADO CUFF
by LESLIE ROGALSKI
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A sweetheart of a bracelet using the elegant Cymbal™ ALADO connectors. Create a full length with a clasp or a shorter piece with adjustable bracelet ends.

SKILL: Advanced beginner and up

TECHNIQUE: Working with two needle weave, two holed beads, ending thread.

MATERIALS for a 6.5 inch bracelet before clasp

70 Superduos

5g size 8° seed beads

3g size 15° seed beads

6 ALADO Cymbal connectors for full length

(or 3-4 Alado connectors for use with partially finished bracelet ends)

2 closed jump rings

2 open jump rings for clasp

1 clasp or partially finished bracelet ends +

2 more jump rings

2 size 12 beading needles

Fireline or Wildfire 6 lb color to match

Scissor or Thread Zap

TIPS

Make sure the Cymbal elements are face up.

Use Size 11 or 12 needles.

When sewing back through beads, make sure not to skip any.

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BRACELET BASE

FIGURE 1

Step 1. String a needle on each end of a 2 yard piece of thread.

Step 2. String in one leg of an Alado. String a Superduo and sew out the other leg. Center the Superduo/Alado in the middle of the thread. Use a stopper bead to hold the long tail thread in place for now.

Step 3. ON the first thread string a 15°. String a Superduo and an 8° three times. String a Superduo and a 15°. Sew into the opposite leg of the Alado so the beads just strung curve around the outside of the Alado. String a Superduo.

Step 4. Remove the stopper bead and string another needle. Repeat Step 3 to add Superduos, 8°s and 15°s around the other side of the Alado. Sew in the Alado leg and crisscross through the Superduo. Gently reposition the thread if needed so the ends are an equal length.

Step 5. Crisscross the threads through the open hole of the Superduo.

JOIN SECTION

FIGURE 2

Step 6. String a Superduo and three 15°. Sew into the open hole so the 15°s sit on the outside. Pull the beads together so the Superduos nestle.

Step 7. Repeat Step 6 with the other thread.

Step 8. On one needle string a Superduo. Crisscross the other thread through it. Gently pull the beads snug.

Step 9. Crisscross the threads through the open hole of the Superduo.

FIGURE 3

Step 10. With one thread sew from the inside out through a leg of the Alado, keeping the Alado face up. Repeat with the other thread and pull gently so the Superduo nestles in the Alado.

Step 11. Repeat from Step 3 to 10 to create joined Alado components for your desired length (minus the clasp allowance).

Step 12. Crisscross the threads through the open hole of the end Superduo.

SIDE EMBELLISHMENT

FIGURE 4

Step 13. On one thread string one 15°, an 8° and two 15°. Reverse direction back along the bracelet and sew through the open hole of the first Superduo along one side.

Step 14. String one 15°, an 8° and one 15°. Sew through the open hole of the next Superduo.

Step 15. Repeat Step 14 two more times.

Step 16. String a 15° and an 8° and sew through all three 15°s along this side of the joining Superduo section.

Step 17. String an 8° and a 15° (Note the reversal of the 15° and the 8° from the last step, keeping size 8°s on each side of three 15°s) and sew through the open hole of the next Superduo.

NOTE: Keep the work flat with easy tension so the side beads do not curl up.

Step 18. Continue down the side following Steps 14 to 17. When you exit the last side Superduo string two 15°s, an 8°, and one 15°. Sew through the open hole of the end Superduo in the Alado. Sew back through the inner hole of the Superduo, through the Alado leg, a 15°, Superduo, 8°, and Superduo. Make a half hitch around existing thread. Sew a bit more and trim.

Step 19. Repeat Steps 13 -18 with the other thread. Only one side is shown in the illustration.

Step 20. One thread at a time, weave in and secure thread with a half hitch after sewing through a 15° before the third Superduo along the side. Trim.

CLOSURE

Step 21. String a needle on each end of a 24 inch piece of thread. Sew through the outer hole of the end Superduo and center the thread.

Step 22. On one thread string three 15°s, an 8° and a closed jump ring. Sew back through the 8° and the three 15°s. Set this needle down.

Step 23. On the other thread string three 15°s. Sew through the 8° and the closed jump ring. Sew back through the 8° and the three 15°s. Center the newly strung section over the Superduo and make sure threads are equal length.

Step 24. Sew through the next 15° and all the 15°s, Superduos and 8°s beads down the entire length of the bracelet. This should further firm up your beadwork, but do not pull so tightly that the sides curl. Exit through the end Superduo in the Alado.

Step 25. String three 15°s, an 8° and a closed jump ring. Sew back through the 8° and the three 15°s.

Step 26. Repeat Steps 24-25 with the other thread, being sure to crisscross through the end Superduo.

Step 27. Secure each thread in the beadwork making a discreet half hitch around existing threads as you go; trim.

Step 28. Use jump rings top attach your clasp or bracelet ends.



DESIGN IDEA: Add more detail with Superduo DUETS as shown in the join sections here.



Leslie Rogalski (also known as Sleepless Beader) is the creative director for The Beadsmith and a Beadsmith Inspiration Squad designer. She has been an editor for leading bead magazines, a Swarovski ambassador, and a designer for several bead companies. Widely recognized for videos and TV appearances in the US and UK, Leslie is also a Master Artisan of her local chapter of the Pennsylvania Guild of Craftsmen. To see more of her work and her tutorials visit her website leslierogalskibeadworks.com, explore the free downloadable patterns at beadsmith.com/ilovebeads, and find her online class Essential Seed Bead Techniques on bluprint.com.

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illustrations are shown shorter than actual length.

FIGURE 1

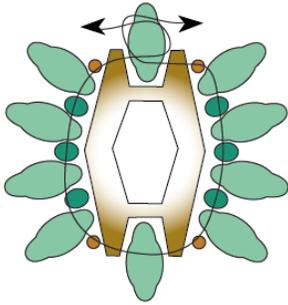


FIGURE 2

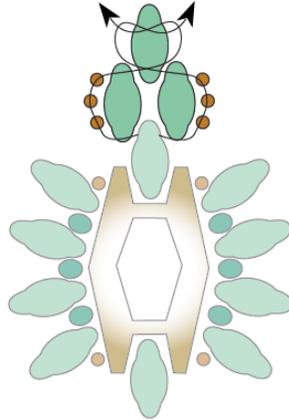


FIGURE 3



FIGURE 4

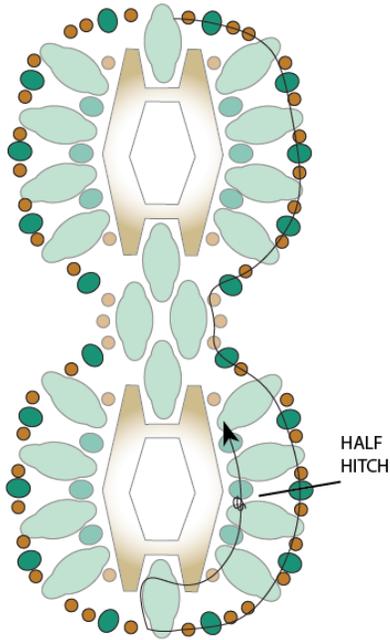
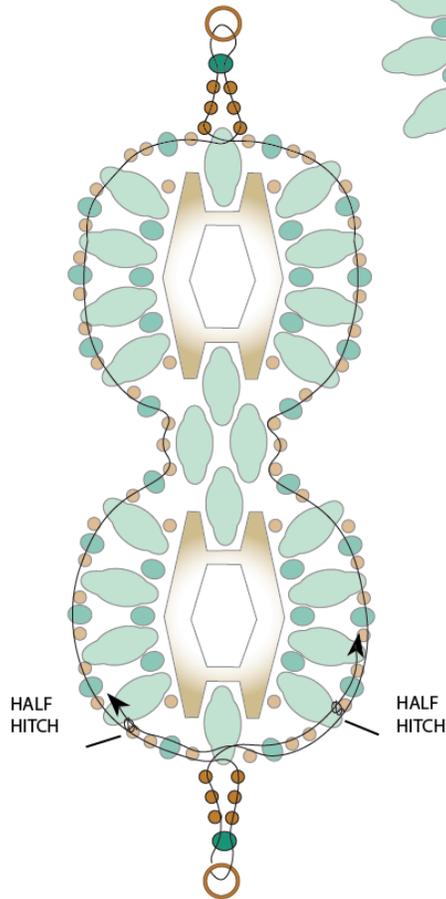


FIGURE 5



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